

Parent / Guardian and Swimmer

Code of Conduct



As a member of the Payneham Swim Club (PSC) you are part of a swimming organisation that believes teamwork, integrity, respect and good sportsmanship are more important than winning. The following behaviour guidelines state the principles PSC expects all parents /guardians and swimmers to demonstrate and uphold.

PSC is fortunate to have an experienced, professional coaching team working to develop our children into better swimmers, and more importantly, teaching and instilling important life skills. These skills include time-management, self-discipline, and sportsmanship. Your child will reap the benefits of swimming long after his/her participation with PSC ends.

As parents/guardians and swimmers, it is absolutely essential that we give our coaching staff the respect and authority they deserve to run our swim team. Our coaches are hired for that purpose and the Head Coach oversees the direction of the staff.

Parents & Guardians Code of Conduct

- Set the right example for our children by showing respect and common courtesies at all times to the team members, coaches, competitors, officials, parents, and for all facilities and other property used during practice or competition.
- Respect the integrity of swim officials by assuming decisions are based on honest, objective evaluations of performance. Only coaches (or team manager under the instruction of the head coach) may approach meet officials for clarification of rulings.
- Understand that opposing teams, including their swimmers, coaches, and supporters, want the same positive experiences for their swimmers as we do. Help PSC achieve and look for opportunities to build rapport with teams that we compete and work with.
- Demonstrate good sportsmanship during all training sessions, competitions and team activities. Promote good sportsmanship by setting an example and by helping others to do likewise. PSC win gracefully, lose graciously and congratulate their opponents either way.
- Be an active participant in all fundraising events and other team activities and encourage and support your child by permitting them to be timely for practices and competitions.
- Realise that swimmers become easily confused when coached by parents and benefit most from positive reinforcement of the professional coaching staff's instructions and advice. Your unconditional support before and after races will help them best.

- Recognise that PSC coaches are professionals and allow them to coach your child without interference during training and meets. If you find this difficult please consider removing yourself from close proximity to the pool and allow your child to focus on the professional coaching provided.
- If you have concerns, address it with the appropriate coach in private. If you believe your concern isn't addressed appropriately then raise your concern with the club President. The President will provide a final direction on the matter.
- Do not interrupt or confront the coaching staff on the pool deck during training or meets. Prior to or after training sessions is the best time to undertake a quick discussion with the coaching staff. Please note however this may not always be possible, and an alternate time will need to be scheduled.
- Maintain open and honest communication among all members of the PSC family. We reach our common goals by working together.
- Trust and support your swimmer's and coach's decisions around goal-setting, training commitments, swim event entries, and meet schedules. Do not impose your ambitions on your child.
- Get involved....be an official, work on the committee, help plan a fundraiser, help plan a group social. Find something you enjoy!

Swimmers code of conduct

As an athlete participating with/for the Payneham Swim Club (PSC), you agree to abide by the guidelines outlined below.

- Swim for the fun of it, not just to please your parents or coach.
- Make every team practice, meet participation and activity an opportunity to learn.
- Swimmers are expected to remember that at training sessions, during swim meets, team activities and in public, they are representing PSC. They should represent PSC with respect, team spirit, good sportsmanship, and politeness.
- Swimmers are expected to show respect, common courtesies and good sportsmanship at all times to the team members, coaches, competitors, officials, parents and for all facilities and other property used during training sessions, competitions and team activities.
- Swimmers should be punctual and arrive on time for all training sessions, meets and team events. Pool time is very valuable.

- Swimmers must notify the coach in advance if they are unable to attend training sessions or need to leave training sessions or swim meets early.
- Swimmers are expected to wear PSC team caps at all swim meets. This displays team pride and also makes it easier to identify swimmers on the blocks and in the water. It is encouraged that swimmers wear PSC attire at both events and training.
- Swimmers should be an active participant in all team training sessions, targeted competitions, fundraising events and other team activities.
- The coaches are there to help the swimmers. Swimmers are expected to pay attention and follow the coach's instructions. If any clarification is needed, they are to ask questions politely.

Breaches of the code of conduct by parents/guardian and swimmers will be assessed by the committee. Disciplinary action may result, serious breaches may result in the associated swimmer's membership being revoked.